

DIVISION ONE MULTISPORT

**Come join us on the d1minis
and d1Elite teams!**

The perfect program to develop speed, agility, and skills for your other sports all while being introduced to Triathlon and Duathlon racing! Our goals are to have fun, foster a strong and healthy lifestyle, develop confidence through achievement, and increase internal motivation! All children ages 7-13 are welcome!



**YOUTH & JUNIOR ELITE
CERTIFIED COACH**

**To learn more about the team and how you can
join please email Coach Gary Je
d1coachgary@gmail.com**

D1MULTISPORT.COM